

## **Paige S. Gutheil Henderson, D.O.**

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### **EDUCATION**

<b>Doctors Hospital</b> Columbus, Ohio Family Medicine Residency	7/2003 – 6/2005
<b>Doctors Hospital</b> Columbus, Ohio Family Medicine Internship	7/2002 – 6/2003
<b>Ohio University of Osteopathic Medicine</b> Athens, Ohio Doctor of Osteopathy	9/1998 – 6/2002
<b>University of Houston</b> Houston, Texas Bachelors of Science, Biology, cum laude	9/1994 – 5/1998

### **Additional Certifications and Training**

<b>Ohio Health Physician Leadership Academy</b> Leadership Fundamentals Series 1, 2 and 3	1/2009-6/2010
<b>Wellcoaches®</b> Trained Wellness Coach	6/2006
<b>Am I Hungry?®</b> Licensed Am I Hungry? Mindful Eating Facilitator	3/2006

### **WORK EXPERIENCE**

<b>Ohio University Heritage College of Osteopathic Medicine</b> Assistant Professor of Primary Care Medicine Dublin, Ohio	7/2014 – Present
<b>Family Practice West, Inc.</b> Managing Family Medicine Physician Columbus, Ohio	1/2003 – Present
<b>Doctors Hospital Ohio Health</b> Chair, Department of Community Medicine President, Medical Staff Columbus, Ohio	1/2012-12/2014 1/2015-Present
<b>Take Care Health</b> Collaborating Physician, Quality Control	8/2008 – Present
<b>Primary Care Nursing Services</b> Medical Director Columbus, Ohio	11/2008 – Present

## **CERTIFICATION**

Board Certified – Family Practice

July 2005

## **LICENSURE**

State Medical Board of Ohio - #34 008162

## **HONORS AND AWARDS**

- Ohio University Heritage College of Osteopathic Medicine  
Society of Alumni and Friends Distinguished Service Award June 2013
- Ohio University College of Osteopathic Medicine  
Recent Graduate Award September 2009
- Ohio's American College of Osteopathic Family Physicians Young  
Physician of the Year June 2007
- Pfizer Outstanding Osteopathic Resident Award October 2005
- Ohio's American College of Osteopathic Family Physician's  
Academic Paper Award for original submission:  
*Practice Patterns in the Treatment of Coronary Artery Disease* October 2005
- Family Practice Award, Ohio University June 2002

## **ACADEMIC AND ADMINISTRATIVE APPOINTMENTS**

- Associate Clinical Professor of Family Medicine, Ohio University  
College of Osteopathic Medicine 7/2005 – Present
- Assistant Clinical Professor, The Ohio State University College  
Of Nursing 8/2010 -- Present
- Assistant Clinical Professor, Lake Erie College of Osteopathic  
Medicine 8/2008 -- Present
- Chair, Department of Community Medicine, Doctors Hospital,  
Columbus, Ohio 1/2012 -- Present
- Vice Chief, Division of Family Medicine, Doctors Hospital  
Columbus, Ohio 10/2009- 12/2011
- Chief Resident, Doctors Hospital Family Medicine 7/2004 – 6/2005
- Resident Representative to the Osteopathic Residency  
Advisory Committee 7/2004 – 6/2005
- Resident Representative to the Centers of Osteopathic Regional  
Education's Academic Steering Committee 7/2004 – 6/2005

## **PROFESSIONAL AFFILIATIONS AND APPOINTMENTS**

- Appointed Member, Team Doctors Hospital Advisory Committee  
to the President of Doctors Hospital 2010 -- Present
- Elected Member, Ohio ACOFP Board of Governors 2009 – Present
- Appointed Member, Doctors Hospital Development Board 2009 – Present
- Appointed Member, Ohio Health Joint Ethics Advisory Committee 2009 – 2014
- Appointed Member, Doctors Hospital Ethics Advisory Committee 2008 – 2014
  - Chair, Doctor Hospital Ethics Advisory Committee 2012 – 2014
- Elected Member, Ohio University Heritage College of Osteopathic  
Medicine Society of Alumni & Friends' Board of Directors 2006 – 2014
- Member, American Osteopathic Association 1998 – Present
- Member, Ohio Osteopathic Association 1998 – Present

- Member, Columbus Osteopathic Association  
Elected Member Executive Council  
Elected President Executive Council  
1998 – Present  
2006-2011  
2010
- Member, American College of Osteopathic Family Physicians  
1998 – Present

### **OTHER VOLUNTEER/PHILANTHROPIC ACTIVITIES**

- Elected Member, Ohio University Alumni Association Board of Directors  
2010 – 2014
- Member, Ohio University's Women in Philanthropy  
2009 – Present
- Mentor, Ohio Health Physician Diversity Scholars Program  
2010 – Present
- Big Brothers Big Sisters  
2001 – 2007  
"Big Sister" mentor to a young girl, member of the Public Relations Advisory Group, and recipient of the 2007 Richardson Award -- the highest level of recognition for leadership above and beyond what is expected of the organization
- Medical Mission Work
  - Midwest Medical Missions - Participated in a three week medical mission to provide medical surgical and dental care to indigent patients in the Dominican Republic  
February 2002
  - Grove City Church of Christ -Participated in a one week medical mission to provide medical care to indigent patients in Belize  
April 2004
  - Mountain Village Missions - Participated in a one week medical mission to provide primary medical care to indigent patients in the Dominican Republic  
June 2006

### **RESEARCH AND PUBLICATIONS**

- Author, Chart Review "Practice Patterns in the Treatment of Coronary Artery Disease"  
October 2005
- Co-investigator, Observational study "ADD-CKD Study: Awareness, Detection, and Drug Therapy in Type 2 Diabetes and Chronic Kidney Disease"  
June 2011

### **SELECT PRESENTATIONS**

- "The Metabolic Syndrome Big 10" Authored and presented, Doctors Hospital Family Medicine Update Symposium  
September 2011
- "Focusing on What Matters, Improving Glycemic Control for Adult Patients with Type 2 Diabetes" Presented Various Venues  
2011 – 2013
- "Am I Hungry? How to Apply Mindful Eating for Diabetes Control" Patient Education Workshops, Presented Various Venues  
2007 – 2011

### **SPECIAL SKILLS**

- Languages: Spanish, English